



August 2025 Newsletter

Welcome back!

Welcome back to a brand new school year! We are excited about the upcoming year and love to see students returning to campus.

Please remember to request your approved accommodations through the Student Portal for your upcoming classes to ensure your instructors are notified and your accommodations can be implemented.

Also, if you have exam accommodations, you can get the entire semester scheduled at once! Visit our Exam Form and provide the needed information from your syllabus. You will need to complete at least one form for each class.

Did you know?



We have a new CDA Student Handbook Canvas course!

This resource will help students in understanding their rights and responsibilities, understanding their accommodations, and how to implement those accommodations.

As we roll out the course, students with our office will be added to the course as they request their accommodations through the Student Portal. This will be done weekly so please be patient and follow up with your Accessibility Consultant if you have questions.

Craft & Connect in the Wellness Hub!

This Fall we are rolling out a new way to connect to our office and various campus partners.

Every Thursday from 2-4 pm you can stop by our office to chat with a CDA peer mentor, meet various visiting partners, or just hang out and craft! It is a low key way to learn about campus resources that are out there or to hang out and learn a new skill. All students are welcome, you do not have to be connected to the CDA. Keep an eye out for our monthly newsletters or follow us on Instagram to keep up with the latest details!

@uofu_disability_center





To start the semester off, we will have the University Counseling Center joining us on **August 28th**.

Come learn about skills to succeed in college such as time management & task prioritization. You can also meet **Volley**, the best facility dog out there, from 3-4 pm!



September 4th Basic Needs Collective & Well-being Navigation will be here!

Join us for a game of **basic needs trivia** and get support accessing campus resources.

Sensory Tent at PlazaPalooza

Kick off the school year at PlazaPalooza, this is a FREE event with food, live music, giveaways and more!
Students will get vouchers for free food to use at the food trucks!

August 26, 2025 12:00 - 3:00 pm Marriott Library Plaza



Come take a break and say hi to us at the Sensory Tent! We will have sensory bags to give away, activities to learn good time management and task prioritization skills, and mindfulness and stress management techniques you can use throughout the school year.

Plus, another chance to hang out with the amazing Volley from 12-1 pm!

Sensory Lounge at Crimson Nights



Are you going to the largest late night party on campus? Check out the Crimson Nights Crimson Carnival (featuring DJ Ricky Barrera)

August 22, 2025 9:00 pm - 1:00 am The Union

Make sure to stop by the sensory lounge if you need a break during the party! It will be located in the Union Den. Keep an eye out for the sensory lounge banner (pictured to the left) to help you find it.

Get Involved

Want to get involved on campus and meet new people?
Check out these student organizations that highlight
students with disabilities and their allies!



DASTEM-Disability and Access in STEM student organization

Hello! We are a student group called Disability and Access in STEM (or DASTEM for short). Our mission is to provide an inclusive space for disabled students, faculty, and staff in STEM and help provide students with the support, resources, and community needed to excel in college as well as to normalize and destigmatize disabilities; start dialogues about accessibility on campus and in the classroom; and educate faculty, staff, and fellow students about disabilities. We want to promote and create change for a more accessible and equitable campus.

If you'd like to be involved and join our events for this coming year join us on Campus Connect:

https://campusconnect.utah.edu/DASTEM/ club_signup

and then join our Discord channel:

https://discord.gg/mPkdqQtc



Are you neurodivergent or an ally for neurodiversity? Perhaps you just want to make friends and feel connected to an inclusive community. A chapter of the Neurodiversity Alliance is starting at the University of Utah, and we would love to

have you this great community of unique individuals whose brains work in wonderful ways. If you have ever wanted a space where you can truly be yourself with no judgment, then this club is for you! Stop on by the Get Involved Fair on Thursday, August 21st at the student union to meet the club leaders and learn more about our plans for the upcoming semester.

If you would like to stay updated with all things ND Alliance at the U, follow us on Instagram @ndalliance.uofu.

You can also join our Discord here: https://discord.com/invite/tzrQk4VDhZ

Have a question? Please email us at ndalliance.uofu@gmail.com. We hope to see you soon!

We value your feedback ♥



We want to hear from our students!
Please take our **anonymous** survey to give us valuable feedback into your experience.

The survey can be found here.



This email was sent to you by the Center for Disability & Acess with the intent to inform you about the office. Information is kept private.

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